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Centre-wise Major activities (Ayurveda)

Name of the Institute	Major Activities/ Services
RARI, Vijayawada	Clinical Research in Skin Diseases and Vector Borne Diseases
	Other Activities:
	• Health care services through Out-Patient Department (OPD) and In- Patient Departments (IPDs)
	Special Clinics for Geriatric Health Care
	Marma OPD.
	• Coordination in Pharmaceutical preparations of AYUSH Coded formulations through collaborative Institutes.
	 Research oriented public health care services (outreach activities) i.e. Tribal Health Care Research Programme under TSP Ayurveda Mobile Health Care Project under SCSP
	Any other assignment of National importance related to Research & Development in Ayurveda.

A.LIST OF INTRA MURAL RESEARCH PROJECTS during 2023-2024

Completed projects

Sl no	Name of the project		7					
Clinical res	earch projects	4 - 1 - 1 - 1 - 1	-3,	N 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		7 4 9	4	
1	Clinical Evaluation of Khadira Vicharchika (Eczema)	rishta, Kaishora	Guggulu	and Gand	hakadi Mala	hara in th	e Manager	nent of

Ongoing projects

Clinical res	Clinical research projects										
1	Clinical evaluation of Nimbadi churna, Khadirarishta and Arjun lepa in the management of Acne(Yuvan										
	pidika)										
Observation	Observational Research										
1	Impact of Ayurveda based lifestyle advocacy and practices among apparently healthy individuals across										
	selected cities in India- A randomized parallel group study										

B. List of collaborative research projects 2023-2024

Completed projects

Sl no	Name of the project										
Clinical res	Clinical research projects										
1	Nil										
Drug Stand	Drug Standardization research :										
01	Preclinical Standardization and Development of SOP for Coated Tablets from Aqueous and Hydroalcoholic										
	Extracts of Amlaki, Guduchi and Vasa and Shelf-life Studies										

Ongoing projects

2 Clinical	research projects
2	Tolerability, treatment adherence, and safety of Drakshavaleha in the management of Iron Deficiency Anemia:
	An open label single arm clinical study
3	General health screening with special focus on Tuberculosis, Anaemia, Hemoglobinopathies & Malnutrition and
	Ayurveda interventions for better health outcomes in the students of Ekalavya Model Residential Schools
	(EMRS) functioning under M/o Tribal Affairs

AYURVEDA MOBILE HEALTH CARE PROGRAM UNDER SCHEDULED CASTES SUB PLAN (SCSP)

S NO	PROJECT YEAR	No of tours	No of villages covered	Population surveyed	SC patients treated	Total patients treated
1	2023-2024	220 ·	5	3802	5526	5526

Work carried out from April 2023 to March 2024

During this period a total 3802 scheduled caste population of 05 villages/colonies was surveyed and Health care services provided to 5526 patients (Male: 2114 Female: 3412).

Research projects during the period 2023-2024

Effectiveness of composite Ayurveda regimen in a black box design for the management of Rheumatoid arthritis (under AMHCP)

Institute wise status of work carried out under Ayurveda Mobile Health care program (SCSP) during 2023-2024

Name of the	ation	PAT	PATIENTS TREATED										Gran	Grand total						
Institute	No of	No of		54 1. 1		NEV	NEW				FOLLOW UP				TOTAL					
	villages tours M F TO		TOT	SC	SC OTHER		SC OTH		H	SC	OTHE									
	covered				AL							ER				R				
						M	F	M	F	M	F	M	F	M	F	M	F	M	F	Total
								,											1	
RARI	5	220	1901	1901	3802	740	1174	0	0	1374	2238	0	0	2114	3412	0	0	2114	3412	5526
VIJAYAWADA				_																

Prevalent diseases under SCSP

SL NO	NAME OF THE INSTITUTE	NAME OF THE DISEASES
1	RARI VIJAYAWADA	Vata Vyadhi, Prameha, Sandhigata Vata, Dourbalyam, Pandu, Kustam,
	4 2	Amlapittam, Swasa, Amavata, Prista graham, Agnimandyam, Vibandam,
	4	Pakshagata, Parshva sula, Adhamana, Arshas, Gridhrasi, Ajeerna, Ashmari, Kasa.

TRIBAL HEALTH CARE RESEARCH PROJECT UNDER TSP

S NO	PROJECT YEAR	No of tours	No of villages covered	Population surveyed	ST patients treated	Total patients treated
1	2023-24	186	05	3875	9116	9120

Work carried out from April 2023 to March 2024:

During this period a total 3875 scheduled tribes population of 05 villages/colonies was surveyed and Health care services provided to 9120 patients (Male:4481 Female:4639)of which belonged to scheduled tribes (Male:4477 Female:4639). Research projects during the period 2023- 2024:

Ayush Rasayana A & B on Quality of Life of elderly population-A Cluster randomized study.

Institute wise status of work carried out under TRIBAL HEALTH CARE RESEARCH PROJECT UNDER TSP during 2023-2024

Name of the	No of	No of	Pop M	ulatio	TOT	PATIENTS TREATED NEW FOLLOW UP TOTAL ST OTH ST OTHE ST OTHE									Gra	nd to	tal	FOL K CLAI	Investig ations			
Institu te	villa ges cove red	tou rs	141	F	AL	M	F	ER M		M	F	R M	F	M	F				F	To tal	MS	
RARI, Vijaya wada	05	18 6	18 81	19 94	3875	31 68	32 07	3	0	13 09	143 2	1	0	44 77	463 9	4	0	44 81	46 39	91 20	10	5669

Prevalent diseases under THCRP

CT NO	NAME OF THE	NAME OF THE DISEASES
SL NO	INSTITUTE	
1	RARI, Vijayawada	The prevalent diseases during this year among the population treated included Amlapitta,
	r	Dourbalya, Katisoola, Kasa Twakroga, Vatavyadhi, Sandivata, Sirasoola, Swasa, Prameha,
		Arshas, Atisara, and etc.

डॉ. बी क्रिक्ट वर्ल प्रभाशितमध्यक निदेशक क्षेत्रीय आयुर्वेद अनुसंधान